
Health Examination for crew members in Turkey

- Every seaman having a seafarer's license issued by the State of the Republic of Turkey should obtain a valid medical certificate after attending a general medical examination.
- The medical certificate which states that "subject person is fit to be a seafarer" is issued by the clinics authorized by the Turkish Ministry of Health and is a requirement to attend on board any vessel as a crew member.
- A periodic medical examination has to be performed every two years.
- Periodic medical examinations are limited to three times and thereafter the seafarers are obliged to go through a general medical examination at one of the authorized medical clinics again.
(Please see enclosed "Details of the private & state hospitals / clinics" that were authorised by the Turkish Ministry of Health to perform general & periodic health examinations in Turkey.)
- To obtain a general / periodical medical examination report, a personal application should be made to one of the private & state hospitals mentioned above.
- The purpose of requiring every seafarer with a valid licence to undergo a health examination are stated as follows:
 - To ensure that he is capable of performing routine and emergency duties on board the vessel.
 - To ensure that he does not suffer from any health issues which could be revealed during his sea service and subsequently endanger his own or other crew members' lives on board the vessel.
- A health examination performed on seafarers with a valid licence in Turkey consists of:
 - Personal details.
 - Medical history, following a questionnaire completed by the seafarer and discussed with the examiner.
 - Full physical examination.
 - Height/Weight/BMI/Pulse/BP.
 - Full blood testing - including Hepatitis B, Full Blood Count, VDRL/RPR.
 - Audiometry - required in deck/engine crew, and those who have an equivocal whisper test.
 - Vision test (including colour vision testing).
 - Lung Function.
 - Urinalysis.
 - Chest X-Ray.
 - Any vaccines required should be given, reference being made to current WHO guidelines, as well as appropriate lifestyle advice.
 - Psychological examination.

Pre-Employment Medical Examination (PEME) Programmes

- Several P&I Clubs introduced PEME programmes as loss prevention initiatives due to an increasing amount of crew claims and to prevent any underlying conditions of crew members from adversely impacting on their fitness for service and/or endangering health of other crew members.
- PEME programme are commonly operated in countries such as Australia, Bulgaria, Canada, Croatia, France, Hungary, India, Indonesia, Ireland, Philippines, Poland, Romania, Singapore, South Africa, Spain, Thailand, Ukraine, United Kingdom and United States.
- There are no medical centers in Turkey which implement PEME programmes, are accredited by P&I Clubs and/or are subject to periodic P&I Club audits.
- There are some private medical centers which claim to perform pre-employment medical examinations catering to the needs of the shipowners. However, we have no previous experience with these clinics.
- Periodic health examinations performed by clinics authorized by Turkish Ministry of Health could be considered similar in nature to PEME programmes. However, PEME programmes could be more detailed as the tests are tailored in accordance with the requirements of the P&I Clubs & the shipowners.

Metropole Maritime & Trading Ltd. Co.

Private & state hospitals / clinics that were authorized by the Turkish Ministry of Health to issue general & periodic health examination reports

State	Name of the authorised clinic	Telephone	Address
ADANA	CEYHAN STATE HOSPITAL	0322 613 13 62	
ADANA	ADANA STATE HOSPITAL	0322 321 57 52	SEYHAN MAH. HASAN ŞAŞ BULVARI MO:70 YÜREĞİR / ADANA
ADYAMAN			
AFYON			
AĞRI			
AKSARAY			
AMASYA			
ANKARA			
ANTALYA	ALANYA STATE HOSPITAL	0242 513 48 41	ALANYA/ANTALYA
ANTALYA	PRIVATE AKDENİZ ŞİFA KONYAALTI MEDICAL CENTER	0242 352 05 05	KUŞKAVAĞI MAH. ATATÜRK BULVARI NO:81 KONYAALTI / ANTALYA
ANTALYA	FİNİKE STATE HOSPITAL	0242 855 11 89	FİNİKE /ANTALYA
ANTALYA	PRIVATE MURATPAŞA MEDICAL CENTER	0242 244 73 44	TAHILPAZARI 467. SOK.NO:5
ANTALYA	ANTALYA HOSPITAL	0242 249 44 00	VARLIK MAH. KAZIM KARABEKİR CAD. MURATPAŞA / ANTALYA
ANTALYA	MANAVGAT STATE HOSPITAL	0242 746 11 17	ŞELELE YOLU ÜZERİ MANAVGAT / ANTALYA
ANTALYA	PRIVATE HAYAT HOSPITAL	0242 512 42 51	ŞEKERHANE MAH.YENİ HASTANE CAD.YAYLA YOLU CİVARI ALANYA
ANTALYA	PRIVATE ANTALYA MEDICAL CENTER	0242 321 60 40	ÇAYBAŞI MAH.ALİ ÇETİNKAYA CAD.NO:156 ANTALYA
ARDAHAN			
ARTVİN			
AYDIN	SÖKE FEHİME FAİK KOCAGÖZ STATE	0256 518 23 61	FEVZİPAŞA MAH. FAİK KOCAGÖZ CAD. KÖY CİVARI MEVKİİ NO:6 SÖKE / AYDIN

	HOSPITAL		
AYDIN	NAZİLLİ STATE HOSPITAL	0256 312 00 00	ZAFER MAH. SAĞLIK CAD. NO:76 NAZİLLİ/AYDIN
BALIKESİR	PRIVATE EDREMIT KÖRFEZ HOSPITAL	0266 372 00 00	EROĞLAN MAH.M.AKİF ERSOY CAD.NO:1 KADIKÖY / EDREMIT / BALIKESİR
BALIKESİR	EDREMIT STATE HOSPITAL	0266 373 10 82	HAMİDİYE MAH. HABİP A TEPESİ EDREMIT
BALIKESİR	BALIKESİR ATATÜRK STATE HOSPITAL	0266 221 35 10	YILDIZ MAHALLESİ SOMA CAD. / BALIKESİR
BALIKESİR	BALIKESİR STATE HOSPITAL	0266 245 90 20	ATATÜRK MAH. TURGUT REİS CAD. STATE HOSPITAL / BALIKESİR
BALIKESİR	BANDIRMA STATE HOSPITAL	0266 738 00 22	ÇANAKKALE YOLU ÜZERİ BANDIRMA / BALIKESİR
BALIKESİR	PRIVATE SEVGİ HOSPITAL	0266 246 33 10	PAŞAALANI MAH. 128. SOK. NO:11/A BALIKESİR
BARTIN	BARTIN STATE HOSPITAL	0378 227 76 20	ÖMER TEPESİ MEVKİİ BARTIN
BATMAN			
BAYBURT			
BİLECİK			
BİNGÖL			
BİTLİS	BİTLİS STATE HOSPITAL	0434 246 84 20	BEŞMİNARE MAHALLESİ / BİTLİS
BOLU			
BURDUR			
BURSA	BURSA STATE HOSPITAL	0224 280 28 00	MURADİYE MAH. HASTAYURDU CAD. OSMANGAZİ / BURSA
BURSA	BURSA MUAMMER AĞIM GEMLİK STATE HOSPITAL	0224 517 34 00	ORHANIYE MAH. ÇEVRE YOLU ÜZERİ MANASTIR MEVKİİ GEMLİK / BURSA
ÇANAKKALE	BİGA STATE HOSPITAL	0286 316 10 06	BİGA ÇANAKKALE
ÇANAKKALE	ÇANAKKALE STATE HOSPITAL	0286 217 10 98	ÇANAKKALE
ÇANAKKALE	GELİBOLU STATE HOSPITAL		
ÇANKIRI			
ÇORUM			
DENİZLİ			

DİYARBAKIR			
DÜZCE	DÜZCE ATATÜRK STATE HOSPITAL	0380 529 13 00	GÜNLÜ MAH. DÜZCE
EDİRNE			
ELAZIĞ	ELAZIĞ HARPUR STATE HOSPITAL	0424 234 15 00	ESENTEPE MAHALLESİ / ELEZİĞ
GAZİANTEP			
GİRESUN	PROF. DR. A. İLHAN ÖZDEMİR STATE HOSPITAL	0454 310 20 00	TEYYAREDÜZÜ MAH. ATATÜRK BULVARI NO:323 / GİRESUN
GİRESUN	PRIVATE GİRESUN ADA HOSPITAL	444 2 232	AYDINLAR MAH. GAZİ MUSTAFA KEMAL BULVARI NO:248 GİRESUN
GÜMÜŞHANE			
HAKKARİ			
HATAY	PRIVATE DÖRTYOL KÖRFEZ MEDICAL CENTER	0326 712 88 44	NUMUNE EVLER MAH. İSTASYON CAD. EZGİ SOK. NO:1 DÖRTYOL / HATAY
HATAY	İSKENDERUN STATE HOSPITAL	0326 613 35 70	
HATAY	PRIVATE AKADEMİ CERRAHİ MEDICAL CENTER	0326 6120612	ÇAY MAHALLESİ UZUN ÇARŞI MERCAN B BLOK ZEMİN İSKENDERUN/HATAY
İĞDIR			
ISPARTA	ISPARTA STATE HOSPITAL	0246 211 50 00	DOĞANCI MAH. YOKUŞBAŞI SOK. NO:34 ISPARTA

AUTHORIZED HOSPITALS & CLINICS in ISTANBUL (ASIAN SIDE)

İSTANBUL	PRIVATE VIA HOSPITAL SANCAKTEPE	0216 625 22 00	SARIGAZİ MAH. OSMANGAZİ CAD. NO: 34 SANCAKTEPE / İSTANBUL
İSTANBUL	PRIVATE HİSAR INTERCONTINENTAL HOSPITAL	0216 524 13 00	SARAY MAH. SİTE YOLU CAD. NO:7 ÜMRANİYE
İSTANBUL	SULTANBEYLİ İLÇE STATE HOSPITAL		İSTANBUL
İSTANBUL	PRIVATE MALTEPE ÜNİVERSİTESİ TIP FAKÜLTESİ	0216 444 06 20	FEYZULLAH MAH. NO:39 MALTEPE / İSTANBUL
İSTANBUL	PRIVATE MALTEPE MEDICAL CENTER	0216 459 47 70	FEYZULLAH MAH. BAĞDAT CAD. NO:100 MALTEPE /İSTANBUL
İSTANBUL	PRIVATE MALTEPE ERSOY HOSPITAL	0216 459 85 85	ALTAY ÇEŞME MAHALLESİ VARNA SOKAK NO:16 MALTEPE / İSTANBUL
İSTANBUL	PRIVATE MİHRİMAH SULTAN MEDICAL CENTER	0216 341 70 90	HACI HESNA HATUN MAH.PAŞA LİMANI CAD. NO:4 ÜSKÜDAR/İSTANBUL
İSTANBUL	PRIVATE PENDİK	0216 491	HATBOYU CD. DERE SOK.NO:15/A

	YAŞAM MEDICAL CENTER	35 07	PENDİK / İSTANBUL
İSTANBUL	PRIVATE GSM GİSBİR HOSPITAL	0216 581 42 00	TUZLA / İSTANBUL
İSTANBUL	PRIVATE ERDEM HOSPITAL	0216 634 01 02	ALEMDAĞ CAD. SEZER SOK. NO:3-5 ÜMRANIYE / İSTANBUL
İSTANBUL	PRIVATE PENDİK ŞİFA MEDICAL CENTER	0216 483 61 10-11-12	DOĞU MAHALLESİ ORTANCA SOK. NO:66/3 PENDİK / İSTANBUL

AUTHORIZED HOSPITALS & CLINICS in İSTANBUL (EUROPEAN SIDE)

İSTANBUL	PRIVATE ÇAPA MEDİLİFE HOSPITAL	0212 866 80 80	DENİZ ABDAL MAH. BAŞVEKİL CAD. NO:2 (ÇAPA TRANVAY DURAĞI YANI) FATİH / İSTANBUL
İSTANBUL	PRIVATE MEDİPOL MEGA ÜNİVERSİTE HOSPITAL	0212 460 77 77	GÖZTEPE MH. KAZIM KARABEKİR CD. MERCAN SK. NO:1 BAĞCILAR
İSTANBUL	PRIVATE ALMAN GALATA POLİKLİNİĞİ	0212 249 49 97/249 32 22	MECLİSİ MEBUSAN CAD. ORYA HAN NO:19/A SALIPAZARI BEYOĞLU / İSTANBUL
İSTANBUL	PRIVATE İSTANBUL MEDICAL CENTER	0212 217 95 35	ŞEHİT ERTUĞRUL KABATAŞ CAD. NO:30 GÜLBAĞ MECİDİYEKÖY/ ŞİŞLİ / İSTANBUL
İSTANBUL	İSTİNYE STATE HOSPITAL	0212 323 44 44	SAKIP SABANCI CAD.NO:98 İSTİNYE/ SARIYER / İSTANBUL
İSTANBUL	ESENYURT STATE HOSPITAL	0212 596 85 06	FATİH MAH.19 MAYIS BULVARI. NO:8 ESENYURT / İSTANBUL
İSTANBUL	PROF. DR. NECMİ AYANOĞLU SİLİVRİ STATE HOSPITAL	0212 727 25 00	ALİBEY MAH ALİÇETİNKAYA CAD. NO5
İSTANBUL	PRIVATE DOĞAN HOSPITAL	0212 624 34 34	CENNET MAH.ZİYA GÖKALP CAD.NO:2 KÜÇÜKÇEKMECE / İSTANBUL
İSTANBUL	EYÜP STATE HOSPITAL	0212 417 29 00	EYÜP MERKEZ MAH. SİLAHTARAĞ CAD. NO:53 EYÜP / İSTANBUL
İSTANBUL	TAKSİM EĞİTİM VE ARAŞTIRMA HOSPITAL	0212 252 43 00	
İSTANBUL	PRIVATE SANTE PLUS HOSPITAL	0212 664 65 55	ÇIRPICI MAH. TURAN GÜNEŞ CAD. NO:117 ZEYTİNBURNU / İSTANBUL
İSTANBUL	PRIVATE EYÜP HALIÇ HOSPİTAL HOSPITAL	0212 627 10 80	MERKEZ MAH. ATATÜRK CAD. NO:54 ALİBEYKÖY / EYÜP / İSTANBUL

İSTANBUL	SULTANGAZİ STATE HOSPITAL	0212 594 12 53	SULTANGAZİ / İSTANBUL
İSTANBUL	PRIVATE OTA&JINEMED HOSPITAL	0212 260 40 40	MURADIYE MH. NÜZHETİYE CD. DERYADİL SK. NO:1 BEŞİKTAŞ/İSTANBUL
İZMİR	PRIVATE GAZİEMİR MEDICAL CENTER	0232 220 30 31	ATIF BEY MAH. AKÇAY CAD. NO:266 GAZİEMİR/İZMİR
İZMİR	PRIVATE ÖZEN MEDICAL CENTER	0232 367 09 09	7305 SOKAK NO:5/1 YAMANLAR MAHALLESİ BAYRAKLI / İZMİR
İZMİR	URLA STATE HOSPITAL	0232 752 10 04	ATATÜRK MAH. ADAYOLU İSKELE URLA / İZMİR
İZMİR	PRIVATE GÜLHAN POLİKLİNİĞİ	0232 347 99 91	SAKARYA CAD. NO:59/2 BAYRAKLI İZMİR
İZMİR	MENEMEN STATE HOSPITAL	0232 832 58 59	UĞUR MUMCU MAH. 1249 SOK. NO:11 MENEMEN / İZMİR
İZMİR	İZMİR MEDICALPARK HOSPITAL	(0232) 399 5050	İMBATLI MH. 1825. SK NO:12, 35530 İZMİR
İZMİR	İZMİR BÜYÜKŞEHİR BELEDİYESİ EŞREF PAŞA HOSPITAL	0232 293 80 00	GAZİLER CADDESİ NO: 315 İZMİR BÜYÜKŞEHİR BELEDİYESİ EŞREFFAŞA HOSPITAL YENİŞEHİR/İZMİR
İZMİR	PRIVATE ÇANKAYA MEDICAL CENTER	0232 425 31 31	İZMİR
İZMİR	ALİAĞA STATE HOSPITAL	0232 616 87 87	ALİAĞA/ İZMİR
İZMİR	TAPDI BUCA MEDICAL CENTER	0232 438 14 14	KOŞUYOLU CAD. 506.SK NO:2 BUCA / İZMİR
İZMİR	PRIVATE METROPOL MEDICAL CENTER	0232 336 64 65	ANADOLU CAD. NO:593 ŞEMİKLER KARŞIYAKA / İZMİR
KAHRAMANMARAŞ			
KARABÜK	PRIVATE MEDİKAR HOSPITAL	0370 415 63 78	ÜNİVERSİTE MAH. ŞEHİT ATEŞE REŞAT MORALI BULVARI NO:7 KARABÜK
KARABÜK	KARABÜK STATE HOSPITAL		
KARAMAN			
KARS			
KASTAMONU	DR. MÜNİF İSLAMOĞLU STATE HOSPITAL	0366 214 10 53	
KAYSERİ			
KIRKLARELİ	KIRKLARELİ STATE HOSPITAL	0288 214 10 43	KARAKAŞ MAH.HASTANE CAD. NO:9 KIRKLARELİ
K.K.T.C	DR. BURHAN NALBANTOĞLU		

	HOSPITAL		
K.K.T.C	YAKIN DOĞU ÜNİVERSİTESİ HOSPITAL	0392 675 10 00	YAKIN DOĞU BULVARI LEFKOŞA / KKTC
KIRŞEHİR KİLİS			
KOCAELİ	PRIVATE KONAK HOSPITAL	0262 318 70 70	YENİŞEHİR MH. 41100 İZMİT/KOCAELİ 41100 İZMİT/KOCAELİ
KOCAELİ	PRIVATE AKADEMİ MEDICAL CENTER	0262 331 99 44	KARABAŞ MH.ABDURRAHMAN YÜKSEL CD.NO:28 İZMİT/KOCAELİ
KOCAELİ	PRIVATE YÜZYIL HOSPITAL	0262 642 83 83	SULTAN ORHAN MAH. İLYASBEY CAD.NO:38 GEBZE / KOCAELİ
KOCAELİ	PRIVATE GEBZE MEDICAL CENTER	0262 642 10 50	HACI HALİL MAH.ADLİYE CAD.NO:39 GEBZE / KOCAELİ
KOCAELİ	PRIVATE KONAK HOSPITAL		
KOCAELİ	KOCAELİ DERİNCE EĞİTİM ARAŞTIRMA HOSPITAL	0262 233 54 90	İBNİ SİNA MAH.LOJMAN SOK.DERİNCE/KOCAELİ
KONYA	KONYA NUMUNE HOSPITAL	0332 235 45 00	
KÜTAHYA MALATYA			
MANİSA	MANİSA STATE HOSPITAL	0236 238 52 33	ŞEHİTLER MAH. AKHİSAR CAD. NO:1 MANİSA
MERSİN	PRIVATE YENİŞEHİR HOSPITAL	0324 329 39 00	GÜVENEVLER MH. 33140 MERSİN
MERSİN	PRIVATE AÇIK EMAR MEDICAL CENTER	0324 325 15 55	G.M.K BULVARI. CUMHURİYET MAH. NO:204/A
MERSİN	MERSİN STATE HOSPITAL	0324 336 39 50	CAMİ İ ŞERİF MAH URAY CAD. NO 17 MERSİN
MERSİN	ERDEMLİ STATE HOSPITAL	0324 515 12 30	ALATA MAHALLESİ HASTANE CAD. ERDEMLİ / MERSİN
MERSİN	PRIVATE DUYGU MEDICAL CENTER	0324 327 69 50	GMK BULVARI 2.CAD.NO:2 YENİŞEHİR/MERSİN
MERSİN	TARSUS STATE HOSPITAL	0324 613 47 00	TARSUS
MUĞLA	FETHİYE STATE HOSPITAL	0252 613 35 45	FETHİYE /MUĞLA
MUĞLA	BODRUM STATE HOSPITAL	0252 313 14 34	TÜRK KUYUSU MAH. ELMA DAĞI MEVKİİ BODRUM / MUĞLA

MUĞLA	PRIVATE MARMARİS YÜCELEN HAST.	0252 419 10 10	CUMHURİYET MAH. TURGUT ÖZAL CAD.NO:1 BELDİBİ / MARMARİS
MUĞLA	PRIVATE MUĞLA YÜCELEN HOSPITAL	0252 223 80 40	MARMARİS KARAYOLU KÖTEKLİ MEVKİİ MERKEZ - MUĞLA
MUĞLA	MUĞLA STATE HOSPITAL	0252 214 13 23	ORHANIYE MAH.HASTANE CAD.MUĞLA
MUŞ			
NEVŞEHİR			
NİĞDE			
ORDU	FATSA STATE HOSPITAL	0452 423 65 00	
ORDU	ORDU STATE HOSPITAL	0452 234 32 32	
OSMANİYE			
RİZE	PRIVATE RİZE MEDICAL CENTER	0464 214 79 44	ÇARŞI MAH.KANBUROĞLU SOK.NO:6 RİZE
RİZE	RİZE EĞİTİM VE ARAŞTIRMA HOSPITAL	0464 213 04 96	EMİNETTİN MAH (53100) RİZE
RİZE	PRIVATE ŞAR HOSPITAL	0464 212 11 03	RİZE
RİZE	RİZE 82.YIL STATE HOSPITAL	0464 213 05 00	
SAKARYA			
SAMSUN	PRIVATE SANMSUN MEDİCANA HAST.	0362 311 05 05	YENİ MAH. ŞEHİT MESUT BİRİNCİ CAD.NO:85 CANİK/SAMSUN
SAMSUN	PRIVATE SAMSUN BÜYÜK ANADOLU MEYDAN HOSPITAL	0362 435 78 00	KALE MH.ATATÜRK BLV.SAHİL CD.NO:160 İLKADIM/SAMSUN
SAMSUN	SAMSUN GAZİ STATE HOSPITAL	0362 230 79 50	
SAMSUN	MEDİCAL PARK MEDICAL CENTER	0362 431 47 00	KALE MAH. NO:1 İLK ADIM /SAMSUN
SAMSUN	SAMSUN EĞİTİM VE ARAŞTIRMA HOSPITAL	0326 311 15 00	
SAMSUN	ÇARŞAMBA STATE HOSPITAL	0362 833 42 65	
SİİRT			
SİNOP	ATATÜRK STATE HOSPITAL	0368 271 47 03	OSMANİYE KÖYÜ / SİNOP

SİVAS			
ŞANLIURFA			
ŞIRNAK			
TEKİRDAĞ	PRIVATE TEKİRDAĞ YAŞAM HAST.	0282 258 25 55	HÜRRİYET MAH. YAMANLAR MEVKİİ / TEKİRDAĞ
TEKİRDAĞ	TEKİRDAĞ STATE HOSPITAL	0282 262 53 55 0282 262 53 55	MURATLI CAD. TEKİRDAĞ
TEKİRDAĞ	ÇORLU STATE HOSPITAL	0282 652 60 66	ÇORLU /TEKİRDAĞ
TOKAT			
TRABZON	PRIVATE MEDICALPARK TRABZON HOSPITAL	0462 248 22 58	DEVLET SAHİL YOLU CAD. YILDIZLI MAH. NO:46 AKÇAABAT/ TRABZON
TRABZON	KTÜ TIP FAKULTESİ FARABİ HOSPITAL		
TRABZON	TRABZON NUMUNE HAST.		
TRABZON	TRABZON IMPERIAL HOSPITAL	0462 444 44 61	KEMERKAYA MAH. DEVLET SAHİL YOLU İLLER SOKAK NO:27
TUNCELİ			
UŞAK			
VAN			
YALOVA	PRIVATE YALOVA HOSPITAL	0226 811 22 44	FEVZİ ÇAKMAK MAH.ŞEHİT ÖMER FAYDALI CAD.FIRIN SK. NO:33 YALOVA
YALOVA	YALOVA STATE HOSPITAL	0226 811 52 00	İZMİT KARAYOLU 3.KM.YALOVA
YOZGAT			
ZONGULDAK	ZONGULDAK ATATÜRK STATE HOSPITAL	0372 252 19 00	
ZONGULDAK	KARADENİZ-EREĞLİ STATE HOSPITAL	0372 315 05 15	